

Highway Safety

For many people, the car is a second home. Commuting, errands, and activities can place us in our vehicles many hours of the day. The temptation is to multi-task by performing another activity while driving.

Texting while driving is particularly dangerous. A recent study by Virginia Tech Transportation Institute found those who text while driving are 23 times more likely to be involved in some kind of safety critical event as compared to those drivers who don't text while driving.



America's roads will be safer if drivers will-

- **Be Smart.** Never text while driving. No text message is worth being distracted and getting into an accident.
- **Be Caring.** Don't send a text to anyone when you know they are driving, or to anyone you know is likely behind the wheel of a vehicle.
- **Be in Control.** Remember it's *your* phone. *You* decide if and when to send and read texts, so take control. Consider turning your phone off, setting it to silent or even storing it in the glove box before hitting the road.
- **Be an Example.** Don't send the wrong message by texting while you drive. Your family and friends will follow your example.

For more information visit: www.att.com/txtngcanwait

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Summer Car Safety



According to SafeKids.org, every year more than 30 children die because they are alone in a car. In just 10 minutes during the summer a car's temperature can increase 19 degrees- and it continues to rise. There is no evidence that cracking the windows helps prevent the temperature in vehicle interiors from reaching dangerous levels. A child's body heats up 3 to 5 times faster than adults. It only takes a few short minutes before a child can become dangerously overheated.

Because our children are so important-
Prevent Child Injuries by:

- Dialing 911 immediately if you see an unattended child in a car.
- Never leave a child unattended in a vehicle, even with the windows slightly open.
- Set "reminders" if children need to be dropped off at daycare.
- Teach children not to play in any vehicle.
- Lock all vehicle doors and trunk after everyone has exited the vehicle- especially at home.
- Check vehicles and trunks FIRST if a child goes missing.

"You who are my disciples must be found continuing in the forefront of those organizations and movements which are recognizing the worth of persons..."

Doctrine and Covenants 151:9

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